

16th WKF International Kata and Kumite Tournament  
Children, Cadets, Juniors, Seniors, Parakarate and Master Categories

# SWEDISH KARATE OPEN 2026

KRISTIANSTADS ARENA, SWEDEN  
14-15 MARCH 2026



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Find all information on  
[www.swekarateopen.se](http://www.swekarateopen.se)



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SWEDISH KARATE OPEN



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14-15 MARCH

## Contents

1. Introduction
2. Organizer
3. Website
4. Social media
5. Streaming
6. Arena
7. HQ hotel
8. Schedule Friday
9. Schedule Day 1 Saturday adults
10. Schedule Day 2 Sunday children
11. Registration
12. Insurance
13. Categories
14. Payment
15. Time schedule
16. Draw
17. Coach meeting
18. Tournament rules
19. Coach rules
20. Checkpoint
21. Equipment
22. Weigh in
23. Competition licens
24. Trophies
25. Award ceremony
26. Best team trophy
27. Martial art shop
28. Entrance
29. Supermarket & ATM
30. Tournament dinner
31. Arena restaurant
32. Arena bistro
33. Contact

SWEDISH  
KARATE OPEN 2025

KRISTIANSTADS ARENA, SWEDEN  
28-30 MARCH 2025



Find all information on  
[www.swekarateopen.se](http://www.swekarateopen.se)

*portdata*  
event technology

f SWEDISH KARATE OPEN



## 1. Introduction

We welcome you to the 16th Swedish Karate Open in Kristianstad.

*15th WKF International Kata and Kumite Tournament*  
The tournament is an international WKF tournament for adults, children and parakarate. The first few years, the tournament was held in Malmö but was then moved to Kristianstad.

Sweden is a Nordic country and it's the largest of the Nordic countries. Sweden is also the fifth-largest country in Europe. Its capital and largest city is Stockholm. Sweden has a population of 10.6 million. Kristianstad, where the tournament is held, is a locality in Skåne County. Kristianstad is Skåne's fourth largest urban area, with 41,300 inhabitants of the municipality's 86,652 inhabitants.

### History

The town of Kristianstad was founded after the Kalmar War in 1614 by the Danish king Christian IV, after the nearby town of Vä was burned.

## 2. Organizer

The tournament organizer and organizing club is Centrum KK Sportkarate Sweden located in Kristianstad. The tournament organizing committee welcomes everyone as competitors, referees and spectators to the tournament in Kristianstad.

## 3. Website

For more information you can always visit our website at <https://www.swekarateopen.se> to find more information.

## 4. Social media

Find Swedish Karate Open and follow us on social media on Facebook at Swedish Karate Open, Instagram as @swedishkarateopen and TikTok at @swekarateopen.

## 5. Streaming

We will stream the competition and information will be available on Friday, March 13th, on our webpage [www.swekarateopen.se](http://www.swekarateopen.se)  
The streaming is free of charge! Be wary of scammers!

## 6. Kristianstad Arena



### KRISTIANSTADS ARENA, SWEDEN

#### Kristianstads Arena

Kristianstads arena is located on Västra Storgatan 15, 291 54 Kristianstad.

#### History

Kristianstad Arena is an indoor arena in Kristianstad that was inaugurated in October 2010. The arena is a multi-purpose arena for sports, fairs and concerts. The audience capacity is 5,200 at sports events with stands on four sides and about 5,000 people with stands on three sides and spectators on the floor. The first sod for the construction of Kristianstad Arena was held on February 26, 2009. One of our members was involved in breaking ground (third from left).



## 7. HQ Quality Hotel Grand Kristianstad



### KRISTIANSTAD ARENA

#### LOCATION

Västra Storgatan 15 291 54 Kristianstad

Special rates for Swedish Karate Open.

Single room, Double room, Triple room at a reduced price 13-15/3 2026.

Quality Hotel Grand Kristianstad is located in the middle of the city center. Only 5 min by car or a 15 min walk from Kristianstad Arena.

With an unbeatable location surrounded by nature, shopping, restaurants and entertainment, we offer the best possible starting point for your visit to Kristianstad.

The hotel offers free Wi-Fi and free access to the gym and sauna.

Booking period: **Up until 15/2 2026 or until no more rooms available.**

Single rooms: 1115 SEK per night including breakfastbuffé.

Double rooms: 1315 SEK per night including breakfastbuffé.

Triple rooms: 1585 SEK per night including breakfastbuffé.

#### IMPORTANT

For more information about the HQ hotel and booking code for the above prices, you must visit our website [www.swekarateopen.se](http://www.swekarateopen.se)



SWEDISH KARATE OPEN



## 8. Schedule friday

Friday 13 march at Kristianstads arena.

18.00-21.00 Weigh in.

18.00-21.00 Registration coaches and participants.

## 9. Schedule day 1 saturday

Saturday 14 march at Kristianstads arena.

08.00-15.00 Registration coaches and participants.

10.00-15.00 Weigh in.

08.30-08.45 Coach meeting at the D-hall warm up area.

08.50-09.00 Ceremony and lineup for all competitors and coaches.

09.15 Competition starts first with kata and then kumite adults +14 yrs.

## 10. Schedule day 2 sunday

Sunday 15 march at Kristianstads arena.

08.00-12.00 Registration coaches and participants.

10.00-12.00 Weigh in.

08.30-08.45 Coach meeting at the D-hall warm up area.

08.50-09.00 Ceremony and lineup for all competitors and coaches.

09.15 Competition starts first with kata 7-13 yrs and parakarate then kumite 7-13 yrs.

## 11. Registration

All registration has to be done by 5 March 2026 at 23:59, at the latest, using <https://www.sportdata.org>.

We also need the height of all children competing in kumite 7-11 yrs, update that on Sportdata. All kata day 1 is limited to 28 competitors in each categorie.

If the tournament have reached the limit before the end of the registration period registration will close.

Total starters at the competition: Day 1 = 325 starters and Day 2 = 325 starters.

### Important

**Everyone who competes during day 1 must identify themselves at the registration and weigh-in by competitions license, id-card or passport.**

## 12. Insurance

The tournament organizer don't provide ANY insurance during the tournament. The organizer exclude any form of liability whatsoever during the competition.

## 13. Categories

### Saturday 14 march

#### **Cadets 14-15 yrs**

Kata individual female and male.

Kumite female -47kg, -54kg, -61kg, +61kg.

Kumite male -52kg, -57kg, -63kg, -70kg, +70kg

#### **Juniors 16-17 yrs**

Kata individual female and male.

Kumite female -48kg, -53kg, -59kg, -66kg, +66kg.

Kumite male -55kg, -61kg, -68kg, -76kg, +76kg.

#### **Seniors +18 yrs**

Kata individual female and male.

Kumite female -50kg, -55kg, -61kg, -68kg, +68kg.

Kumite male -60kg, -67kg, -75kg, -84kg, +84 kg.

#### **Master Kata +40**

Kata individual female and male.

### Sunday 15 march

#### **Children 7-13 yrs**

Kata individual girls: 7,8,9,10, 11 yrs and U14 (12-13 yrs).

Kata individual boys: 7,8,9,10, 11 yrs and U14 (12-13 yrs).

Team Kata Mix 7-13 yrs

Kumite individual girls: 7,8,9,10, 11 (**short and tall categories**).

Kumite individual boys: 7,8,9,10, 11 (**short and tall categories**).

Kumite individual girls U14 (12-13 yrs) -42kg, -47kg, -52kg, +52kg.

Kumite individual boys U14 (12-13 yrs) -40 kg, -45kg, -50kg, -55kg, +55kg.

#### **Parakarate**

Parakarate individual mix children 7-13 yrs.

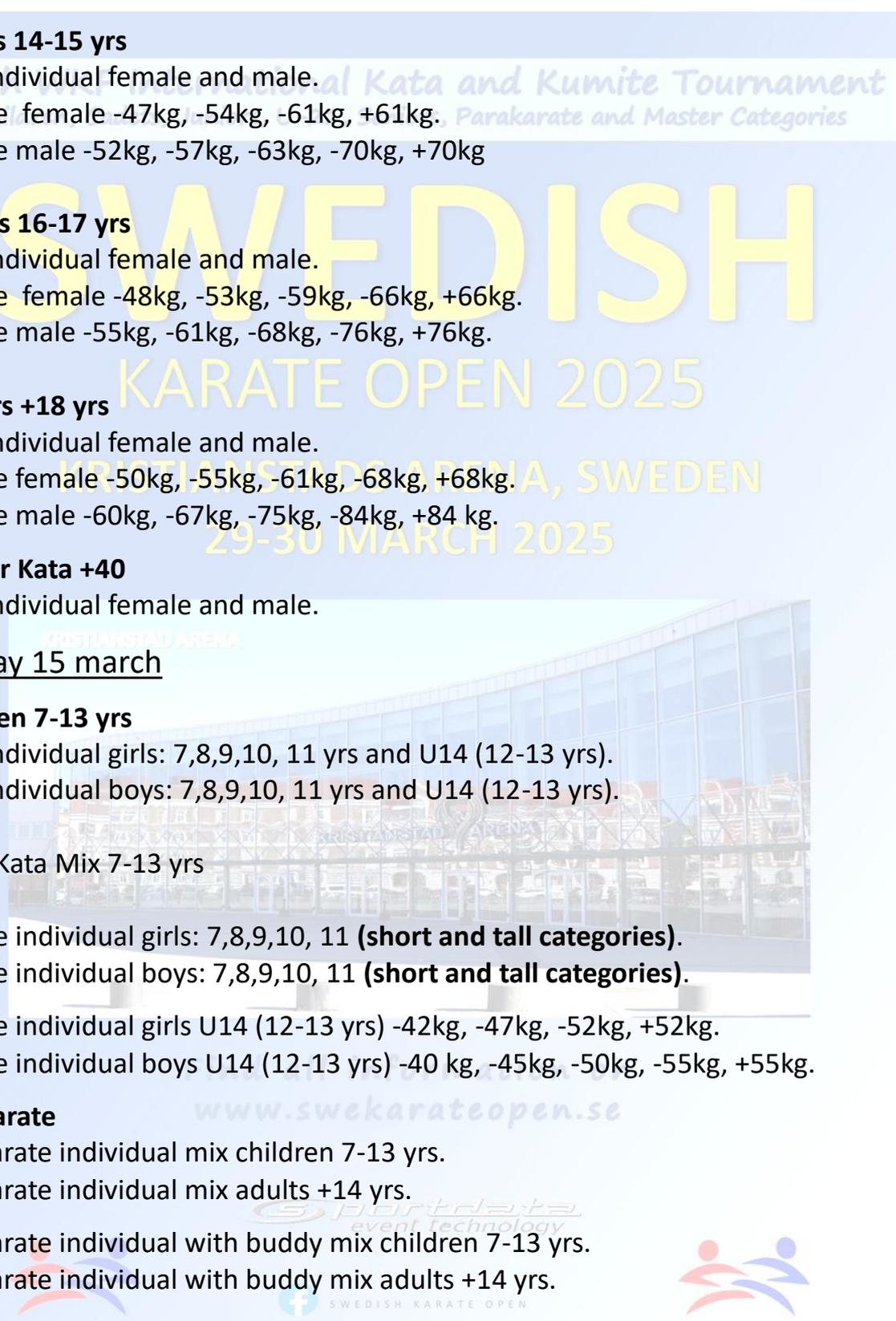
Parakarate individual mix adults +14 yrs.

Parakarate individual with buddy mix children 7-13 yrs.

Parakarate individual with buddy mix adults +14 yrs.

Parakarate wheelchair individual mix children 7-13 yrs.

Parakarate wheelchair individual mix adults +14 yrs.



## 14. Payment

The payment should only go true the club and is made collectively from the club manager. Individual payment from competitors themselves will not be accepted. If that is made we will charge a handing fee of 40 euro for foreign competitors and 400 SEK for Swedish participants.

**\*\*WE HAVE CHANGED BANK\*\***

### Foreign Participants

All individual categories: 40 EURO for each category.

Team Kata Mix children: 80 EURO for each team.

Foreign Payment is to be made to **Sparbanken Skåne in Kristianstad**.

**IBAN: SE90 8000 0831 3951 4452 2892 BIC: SWEDSESS**

**Deadline for payment 5 march 2026.**

The organizer don't refund any payment.

### Swedish Participants

All individual categories 400 SEK/ each category.

Team Kata Mix children: 800 SEK/ each team.

PAYMENT Swedish payment is to be made to Centrum KK Sportkarate.

Swedish payment by Bankgiro: 572-8712

**Deadline for payment is 5 March 2026.**

The organizer don't refund any payment.

## 15. Timeschedule

You will find the time schedule for the tournament at <http://www.sportdata.org> and on our webpage [www.swekarateopen.se](http://www.swekarateopen.se).

The time schedule **will not** be handed out during the competition.

The time schedule is preliminary and the starting times for the categories may vary.

## 16. Draw

You will find the draw for the tournament at <http://www.sportdata.org> and on our webpage [www.swekarateopen.se](http://www.swekarateopen.se).

The draw **will not** be handed out during the competition.

**IF YOU NEED TO CHANGE THE DRAW AFTER DEADLINE YOU NEED TO PAY 40 EURO/ 400 SEK IN A HANDING FEE IN CASH AT THE TOURNAMENT. THAT INCLUDES THE SIZE CHANGING FOR CHILDREN IN KUMITE.**

## 17. Coach meeting

There will be a coach meeting at 08.30-08.45 in Kristianstad Arena at D-hall warm up area both Saturday and Sunday.

## 18. Tournament rules

WKF rules with flags in kata and kumite.

Duo kata 7-11 years.

There will be repechages in all individual categories.

The maximum participants in all adult kata categories is 28 competitors (Day1).

All categories will be run to completion on the tatami including the final.

For more specific Swedish rules you need to attend at the coach meeting.

## 19. Coach rules

**Swedish coaches need a coach license.**

**To be a coach you have to be dressed in a tracksuit.**

Make sure that parents and children NOT competing are in the stands.

Competitors who are not competing stays at the stands or in the warm-up area.

Prepare the competitors in advance with their equipment.

If you don't have a coach accreditation you can't access the competition area.

If a coach doesn't have any participants ready to compete in the arena the coach is not allowed to be in the arena's competition area.

The coach can then only be in the warm up area or at the stand.

Competitors who are not competing stay in the stands or in the warm-up area.

We use the following model of coaches at the tournament each club/ team.

1-5 competitors	1 coach
6-10 competitors	2 coaches
11-15 competitors	3 coaches
16-20 competitors	4 coaches
21-25 competitors	5 coaches
26 and more	6 coaches

In Sweden there is special rules for children. Read more about them on <https://www.karatesweden.se/wp-content/uploads/Coaching-rules-1.pdf>

## 20. Checkpoint

All competitors and coaches must go through the checkpoint (D-Hall) before entering the competition area. You will find the checkpoint in the warm-up area. You, as coach and competitor, have the responsibility to be at the checkpoint on time. If we call for the categorie to compete and we can't find some competitors at the warm-up area **you can't compete.**

We will not call for the competitor in the arena. Be ready with your equipment in the warm-up area for transportation to the competition area with our staff. If you are uncertain about your competing time you have to contact the staff in the warm up area for that information.

## **21. Equipment**

### **Children 7–11 yrs**

- WKF approved mitts, one contestant wearing red and the other wearing blue.
- WKF Soft shin pads and foot protection, one contestant wearing red and the other wearing blue. *Juniors, U-21, Seniors, Parakarate and Master Categories*
- Gum shield.

### **Others**

Body protection and/or chest protectors may be used but are not mandatory.  
Groin guard may be used but is not mandatory.  
No helmet can be used.

### **Children 12–13 yrs**

- WKF approved mitts, one contestant wearing red and the other wearing blue.
- WKF Soft shin pads and foot protection, one contestant wearing red and the other wearing blue.
- Gum shield.
- Groin guard for male competitors.
- WKF Chest protector for female competitors.
- Helmet for both boys and girls.
- Bodyprotection for both boys and girls.

### **Cadets, Juniors, U-21 and Seniors**

- WKF approved mitts, one contestant wearing red and the other wearing blue.
- WKF Soft shin pads and foot protection, one contestant wearing red and the other wearing blue. *Find all information on [www.swekarateopen.se](http://www.swekarateopen.se)*
- Gum shield.
- Groin guard for male competitors.
- WKF Chest protector for female competitors. *ology*

### **Others in all kumite**

Body protection is not mandatory.  
Glasses are forbidden.  
Soft contact lenses can be worn at the contestant's own risk.



SWEDISH KARATE OPEN



## 22. Weigh In

If you compete in kumite you have to weigh in during the opening hours. Failure to weigh and need to change categorie you have to pay 40 euro in cash to change categorie.

If the weigh-in is closed and we need to open the weigh-in it will cost 80 euro/ 800 SEK for each competitor to weigh in. Payment in cash at the weigh-in.

## 23. Competition license

To compete (14 yrs and up) Swedish competitors need to have a competition licens to compete.

## 24. Trophies

Trophies to all the categorie winners.

Medals for 1<sup>st</sup> to 3<sup>rd</sup> place in all individual categories.

Trophy to the best team children and adults during the competition.

All children 7-13 yrs will receive a memorial medal at the registration.

## 25. Award ceremony

When the category is finished there will be a price ceremony directly after.

The competitor should dress in a karate-Gi or track suit at the ceremony.

There will not be room for any photographing for clubs or coaches inside the venue.

We will do the photographing and publish the photos at our Facebook page: **Swedish Karate Open**. Free for you to download.

In the warm-up hall there will be Swedish Karate Open advertising for club or individual photography.

## 26. Best team trophy

At the competition, there will be a trophy to the best adult team on Saturday and to the best children team on Sunday. We named the trophy, **Cloud Trophy**.

We use following counting calculation metod:

3 points for gold, 2 points for silver and 1 point for bronze.

2025 Best adult team was **ITOSU-KAI BOSATSU DENMARK**

2025 Best children team was **ITOSU-KAI BOSATSU DENMARK**

## 27. Martial art shop

There will be three shops at the competition if you need to buy some equipment. Then you can buy it from Kaiten, Punok and Smai.

## 28. Entrance

100 SEK/ 100 Dkr/ 10 Euro for all spectators per day.

Swedish payment can be done true Swish.

Foreign payment only cash Payment.

If you pay in any other currency than SEK we can only give change back in SEK.

**THE ENTRANCE FEE PAYMENT ONLY WITH BANKNOTES AND NOT WITH COINS**

## 29. Supermarket & ATM

There is a supermarket close to the arena (500m away).

**ICA MAXI** located at Sjöcronas gata 7, 291 53 Kristianstad.

If you need to buy any food or drinks you can do it at the supermarket.

You will also find an ATM at the supermarket **ICA MAXI**.

## 30. Tournament dinner

There will be a dinner at the HQ hotel on Saturday at 20.00.

Contact the organizer for more information about the dinner.

## 31. Arena restaurant

The restaurant on the second floor will be open Saturday and Sunday between 12.00-14.00. The restaurant will serve lunch.

## 32. Arena bistro

The bistro on the second floor will be open on Saturday and Sunday between the hours of 09:00 and 17:00. You can buy sandwiches, hamburgers, hot dogs, pizzaslices, hot and cold drinks and some sweets.

**The bistro may close earlier if there are not many sales.**

## 33. Contact

For other information about the tournament you can visit our webpage <https://www.swekarateopen.se>

Or contact the organizer on   
Email: [centkarate@gmail.com](mailto:centkarate@gmail.com)

**No contact true social media or by phone!**

